

# The Scroll

## Sunday Services

Matins.....9:00 a.m.  
Church School .....9:00 a.m.  
Divine Liturgy .....10:00 a.m.

## Saturday Services

Confession.....4:30 p.m.  
Great Vespers.....5:00 p.m.

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**Plus....From Ministry  
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and Pieces**

**St. Mary Orthodox Christian Church**  
**344 S. Martinson, Wichita, KS 67213**  
**Very Rev. Fr. Aaron Warwick**  
**Website: [www.stmarywichita.org](http://www.stmarywichita.org)**

## Faith and Science

*By Metropolitan Saba (Isper)*

The scope of science is the tangible and perceptible. Science deals with concrete reality. It is built on analysing, scrutinizing, and unveiling the different components of what it studies. For instance, science attempts to know the body's components, the functions of its organs and their coordination, its diseases and the reasons for its deterioration or growth, in addition to all its mysteries that surpass our human understanding. Science deals with concrete reality, to improve it, to beautify it, to enrich it, etc.

When science reaches beyond concrete reality and encroaches on the spiritual realm, dreams, motivations, and inclinations, when it deals with the inner person and studies the existential problems such as love and hatred, inner peace, anxiety, pain, meaning, death, life, evil, and good—then science abandons its strict scientific rules and enters into the realm of conclusions, deductions, theories, and reflections. Science does not thus remain as science, but it becomes philosophy or metaphysics.

Science helps me know what is suitable for my health and what is suitable for my practical and economic affairs. It provides me with healing and treatment for my illnesses and facilitates my movement from one place to another. However, it doesn't give meaning to my life. It doesn't explain to me the existence of death, evil, pain, or injustice. From a human perspective, these issues fall under the scope of philosophy, faith, or religion.

If we want an integrated vision, we find in science and faith two complementary, not contradictory, fields. The first makes the life of human beings easier at many levels; and the second gives them the motivation, meaning, and inner power to live life in its fullness. "I have come that they may have life, and that they may have it more abundantly" (John 10:10). Man is a physical-psychological being. He is composed of spirit and matter. Christian theology calls him a "psychosomatic being"—i.e., a soul-body being. The body has its demands and needs, and so has the soul. Only satisfying what is of the body makes humans instinctive beings, similar to animals. History has shown that humans are not satisfied with the material, nor do they only seek material things, except when they lack what is necessary for life. However, as soon as they fulfil their basic needs of life, they move on to the deeper needs, the needs of the soul and the spirit.

Science has its realm, and so does faith. The realm of faith is more comprehensive and general than that of science; faith incorporates science to improve human life, and it cooperates with God in creativity. The most important aspect of faith is that it provides the guardrails that give science its values and guard against its impulses, which humans may direct toward destruction and devastation rather than toward building a better life.

Who sets the ethics of science? Who prevents science from producing super humans (the "posthumans" of transhumanism) and annihilating weak humans? Who prevents science from establishing a new human slavery? Who gives human meaning to scientific achievements? Who establishes the ethics of biological sciences (bioethics)? Who satisfies the human soul that thirsts to find love and security? Who empowers the human being to achieve a better life and gives him meaning and fulfilment, which he has pursued throughout his existence on earth? Science cannot now find, nor has it ever been able to find, answers to these and many other questions.

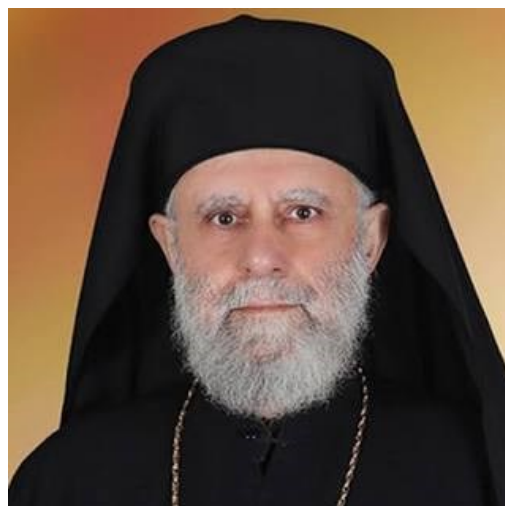
Science has lost the glamor it had in the twentieth century. People have started to perceive science realistically after dreaming for a long time of a paradise promised by science. People once expected science to change everything for the better; however, they have discovered that it is only a tool that may equally change things for the worse, in evil hands.

Science and faith have struggled with each other a lot in the past. Perhaps one of the reasons for their conflict is the dominance of religion and its utter hegemony over European societies during the Middle Ages, which was accompanied by contemporaneous scientific concepts founded on narrow and literal understandings of religious texts.

Scientific development has contributed to the liberation of faith from human religious frameworks, shaped within a specific time and place. And after centuries of conflict, both science and faith have begun to take their natural places without encroaching on each other. Scientists have come to understand that their knowledge is limited to what is concrete and can be improved and that their theorizing on the intangibles betrays scientific rules and encroaches on contemplation, philosophy and faith. Believers, on the other hand, have recognized that the Holy Bible is a theological book that tells humans about God through the culture within which it was inspired and that it does not offer scientific knowledge, even if sometimes it was expressed in scientific terms as understood by its contemporaneous audience .

Faith is personal, and it is related to many things, such as humility, openness, obedience, the wholeness of man, and the integrity of his mind and heart. That's why we may find both faithful and atheistic scientists, just as we find both faithful and atheistic philosophers.

It is time for us to put God in His own category above our human abilities, however big they may seem, since He is immeasurably beyond our understanding.



## **“IN BEHALF OF ALL AND FOR ALL”: ON THE OFFERING OF HOLY BREAD**

One of the most overlooked contributions we can make to the Church is offering Holy Bread. In fact, offering Holy Bread is one of the most important ways laypeople may participate in the Divine Liturgy. The process of offering Holy Bread underscores its importance. The offering begins by making the Holy Bread itself, a labor-intensive project. Thankfully, for those in our parish who do not have the time or the ability to make Holy Bread, our Belles of St Mary allow individuals or families to purchase the bread for a reasonable price (\$25). When the bread is made, it is stamped with a seal used specifically for this purpose. On the seal are the markings IC, XC, NI, and KA, one in each of the four squares in the center of the Holy Bread. Based upon the Greek biblical language, IC stands for Jesus; XC for Christ; and NIKA for victorious. Before the Divine Liturgy, the Priest or Deacon chooses the loaf of bread with the highest quality and then cuts out the ICXC NIKA piece to be used as “the Lamb”, which is later consecrated as the Body of Christ for Communion. This piece is called “the Lamb” because Jesus Christ Himself was called “the Lamb of God”. In addition to the center piece, the seal includes 10 other pieces, one for the Mother of God and nine others for various ranks of saints commemorated during the preparation service before Liturgy. All of these pieces are placed on the diskos next to the Body of Christ. The pieces represent the Church, Christ surrounded by His holy ones. The diskos is veiled and brought to the Holy Table by the Deacon during the Great Entrance.

When Holy Bread is offered, the person or family offering the bread submits names of both the living and the departed. For this reason, families often choose to offer Holy Bread close to a birthday or anniversary of themselves or loved ones. During the preparation service, the Priest offers a prayer for each Orthodox person on that prayer list, and places a piece of Holy Bread on the diskos for each as well, since they also are part of Christ’s Church. During the Great Entrance, the Priest prays publicly for each name submitted by those offering Holy Bread, regardless of whether or not they are Orthodox. That is why each Sunday the prayer list at the Great Entrance is different. In addition to the Holy Bread being used for the consecration of the Body of Christ, the remaining Holy Bread is used to distribute to the faithful, who have fasted in preparation for Communion. In Antiochian parishes, we also have a custom of sharing some of the Holy Bread with guests as a sign of our hospitality.

The offering of Holy Bread allows the person or family to participate intimately in the Divine Liturgy. They are literally offering, on behalf of the community, what becomes the Body of Christ. Furthermore, through the offering, they will receive special prayers for themselves and any of their living or departed family members and friends whom they wish to commemorate by name. **We encourage each individual or family in our parish to offer the Holy Bread at least once per calendar year.** Individuals or families may join with other individuals or families to make the offering of Holy Bread together. For those who do not know how to make the bread, they may attend one of the Belles baking days for that purpose. In addition, they may simply purchase the Holy Bread from the Belles. A Holy Bread binder is available in our church hall on the south side of the gymnasium. Parishioners are encouraged to look through the book to find an open date to offer Holy Bread for themselves and/or their family. One important final note: although many people combine offering Holy Bread with hosting the Coffee Hour, this practice is not required. Holy Bread may be offered even if a person is not able or does not wish to offer the Coffee Hour.

## Reminiscing: St Mary Parish



Belles Christmas Party 2012

Nadia Abdelmasseh, Randa Stevens, Marilyn Kuhlman, Shirley Ellis, Carrie Ellis Langworthy



Belles Thanksgiving Dinner 2012

Connie Hanson, Cheryl Jantz



Belles Baby Shower 2010

Claire Dannenberg, Susan Clark, Randa Stevens, Theodora Stevens, Katherine Clark-Dockter, Maren Kingery (Shirley Zarich)



St Mary Feast Day 2010

Nathan Minks, Zared Salome, John Dannenberg, Simon Faissal



Ordination of Deacon James 2010

His Grace Bishop Basil, Fr Aaron Warwick, Deacon James Kallail



Mediterranean Food Fest 2011

Dick Zarich, Mike Zarich, Chet Shippy, Dennis Fairbanks, Mark Zarich



Mediterranean Food Fest 2015

Lorraine Ferris, Esther Henry



Ground Breaking for St Mary 2000 Project

His Grace Bishop Basil, Eric Namee, Steven Shippy, Alberta Busada



Mediterranean Food Fest (year unknown)

Anita and Connie Stevens



# Question of the Month

**Now that we have a break from the intense heat, what are some activities you're looking forward to doing?**

**Amy Minks** – Taking the grandkids to playgrounds and zoos. We love to ride the trains and feed the animals. Also repainting the deck and garage doors.

**Darren Minks** – Playing more golf and playing outside with the grandkids.

**Mike Shaheen** – I look forward to hiking more, riding my bike, doing yardwork and landscaping.

**Michelle Shaheen** – Mike and I have bikes in the garage that have accumulated dust with the high heat! We hope to enjoy them again once we have some cooler weather. And maybe getting in some walks outside vs. the indoor track....fresh air always feels good!

**Tana Salome** – Long bike rides!

**Jerry Stitt** – Riding my mule down to the river and fishing.

**Cathy Fairbanks** – Going to the zoo.

**David Shippy** – More fishing with the kids.

**Brett Parrott** – Going on more nature adventures with my family when there's fewer bugs outside.

**Laura Stanley** – Sitting on my porch reading.

## 5 Quotes To Make You Smile



“What do you call a bear with no teeth? A gummy bear!”

“What kind of cars do elves drive? Toyotas!”

“Did you hear about the baby cats who were doing pranks? They were just kitten around!”

“What did the teacher do with her student's report on cheese? She grated it!”

“Why was the student's report card wet? It was below C level!”

## FROM THE MINISTRY TEAMS



### THE SCROLL

#### Next Issue

**Will Cover** -- September/October

**Deadline to Submit** -- **October 21**

**On Website** -- October 27

**Available in Foyer** -- October 29



#### Our Mission

*Family Promise of Greater Wichita unites hearts and hands to provide compassionate hospitality and empower homeless families with children to achieve sustainable independence.*

*Matthew 25:35 "For I was hungry and you gave Me food; I was thirsty and you gave Me drink; I was a stranger and you took Me in; I was naked and you clothed Me; I was in prison and you came to Me"*

St. Mary Parish participates by hosting families in the program four times a year in our church building. Families arrive at St. Mary on Sunday in time for the evening meal. Parishioners volunteer their time by driving families to and from the day house, setting up the rooms, and sleeping overnight at the church. Evening meals, food for breakfast, and snacks are all provided by St. Mary parishioners. The families eat their evening meal and spend the night at the church. Lunches are made and snacks packed before heading to their rooms for the night. They get up and leave the church by 6:15 each morning and are transported to the day house. During the day they work, attend classes, shower, do laundry, and a multitude of other tasks before returning to the church in time for the evening meal. Both the families and parishioners are encouraged and blessed by the interactions throughout the week. Although approximately fifty parishioners will have participated so far this year, there is still a need for more to participate in this significant ministry by providing hospitality and shelter. Our next week to host families is December 24-30 Contact Vicki Jones at 650-0658 or [vawj55@gmail.com](mailto:vawj55@gmail.com) for more information.



### GREETER MINISTRY TEAM

The primary purpose of the Greeter Ministry Team is to make all of our visitors to St. Mary feel welcome in our parish home. To welcome the stranger is not just a nice or courteous thing to do, but is in fact one of the things mentioned by our Lord by which we will be judged: "For I was hungry and you gave me something to eat, I was thirsty and you gave me something to drink, I was a stranger and you invited me in, I needed clothes and you clothed me, I was sick and you looked after me, I was in prison and you came to visit me." To welcome the stranger is a great blessing to them and to us; the Greeter Ministry Team strives to fulfill this scriptural command together with our parish family. One responsibility of greeters is to greet visitors before Liturgy. This includes giving them a bulletin and visitor packet, asking them to sign the visitor book, and invite them to coffee hour. After Liturgy, greeters will seek out the visitors and introduce to at least one other person in church, introduce them to Fr. Aaron and offer to give a tour of the facility, and show them the rack of educational pamphlets in the foyer. During the following week, the greeter will complete a New Visitor Note Card that will be mailed to the visitor. There are currently six active members of the Greeters Team. There is a need for more members of the team. If you wish more information on this Ministry Team, contact Al Busada at [busadaa44@cox.net](mailto:busadaa44@cox.net).

## MEAL TRAIN



The St Mary Meal Train ministry was formed in 2016 to serve the families in our parish immediately following the birth of a child. After the birth of a child, what to eat for dinner is not usually at the forefront of new parents' minds. Instead, new parents are focused on the new life they have created and finding their new normal between dirty diapers, seemingly near-constant cries, and many feedings. Our goal is to provide the evening meal every day for a week. The meals have been a mixture of home cooked, frozen, and store-bought meals as well as restaurant gift cards. We also provide a supply of paper products such as plates, napkins, cutlery, and cups to reduce the workload of the family. Being part of this ministry does not mean that you have to be involved every time a request is sent out. Each of us has our own commitments and are sometimes unable to help. Any help at all is much appreciated by the families we are serving. If you would like to be part of this ministry, please contact Jessica Lessman (Miriam121406@live.com) to get on the mailing list.



## THE LORD'S DINER

The Lord's Diner exists to combat hunger in the community. The Diner's singular mission is to serve a nutritious meal with dignity and respect to anyone who is hungry. The Lord's Diner serves an evening meal 365 days a year. The Lord's Diner serves an average of 2,500 meals nightly at two dining facilities (one in downtown Wichita and one in south Wichita) and three food trucks (one in northwest Wichita, and one in southeast Wichita, and one in northeast Wichita) to any guest who needs a nutritious meal, 60 percent of which are families. St. Mary volunteers serve at The Lord's Diner on the 3rd Tuesday of each month. We gather at the downtown location, Central and Broadway, at 5:15 p.m. We are usually finished by 8:00 p.m., so come join us. This important ministry is in need of a new Team Leader. Contact Vicki Jones, 316-650-0658, if you need information about the duties of the leader.

## CHURCH SCHOOL



Church School starts on Sunday, September 10, with classes for three year olds through 12<sup>th</sup> grade. We look forward to a great year filled with lots of learning, the Fall Festival, Christmas Program, Lazarus Saturday, and Palm Sunday activities.

## PARISH COUNCIL



-Repairs in the basement kitchen and bathrooms are nearing completion. New carpet will be installed in the basement kitchen in late August.

-The flooring in the sacristy has been replaced with new carpet.

-Concrete pavers have been installed in the rock bed next to the west parking lot. This extended the existing path from the street to the parking lot.

-Work continues to identify and resolve the WiFi connectivity issues in the church hall.

-The parish council will have a retreat on October 7th from 9am-12pm to complete our book study.





### ***ROTATION PROGRAM***

*This week, families are hosted by **Hope Mennonite** supported by **Aldersgate**.*

3 families: 3 adults, 4 children

- **Mom J's** kids went back-to-school shopping thanks to the incredible kindness of donors at our Back to School Bash.
- **Mom W** is close to finally having air conditioning in her vehicle again. A special part just needs installed.
- **Mom T's** unborn baby boy is making his presence known by kicking her bladder on a regular basis. We hope this is a sign that he will be easy to potty train!

*Next week, families are hosted by **Colonial Heights**.*

### ***BRIDGE TO HOUSING***

2 families: 2 adults, 4 children

- **Mom J** is officially in her own housing!
- **Mom M** introduced ShaiLyn to her homemade pickled jalapenos. Yum!

### ***ALMOST HOME***

2 families: 2 adults, 4 children



## **Mediterranean Festival 2024 Update**

Thanks be to God, we had a very successful 2023 Mediterranean Festival, in which we netted just over \$37,000. We were thrilled to be able to present a check to Hope Ranch for Women for \$4,000 from our festival proceeds. The Executive Committee team is already busy preparing for our 2024 festival.

The format of our 2024 festival, which will be held on Saturday, May 18, (please mark your calendars!) will remain the same as in the past two years, with drive-thru and carry out being offered. Our menu will remain the same. The team is working to decide if there is a possibility to add limited indoor seating. More on that as we figure out all the logistics.

The Market is always a large source of our revenue, so we are always working to add new items and enlarge our offerings to the public. Your baked good donations are critical to the financial success of the Market. It is not too early to start thinking about what you might make.

Cooking dates will begin in January. We had good turnouts for our 2023 cooking days and look forward to a repeat of the great fellowship we had while preparing our foods. This is a big undertaking and it truly takes everyone's involvement for us to make it happen. Watch for more updates on our cooking dates soon.

We have a few other items we are working on, including upgrading our festival atmosphere, sharing more about our faith to our guests and working on spreading out the workloads so no one gets burned out.

Thanks in advance from the Executive Committee for always being willing to help in any and all ways that are needed to make our annual event a success. We do not just consider the "net proceeds" line as a measure of our success. More importantly, the success of our festival is determined by how we draw closer together through our work, how we share our hospitality and faith with the many folks that come through our doors, and how we honor God by our work.

Hope Ranch for Women for \$4,000  
from our festival proceeds.



The Mediterranean Executive Committee

Mike Zarich

Tracy Namee

Robbie Namee

Steven Shippy

Justine Nightingale

Nick Steinbrink (who is still actively involved, even though he now lives out of state!)

# Cook's Corner



## Zucchini and Tomato Gratin



### Ingredients

- 2 tablespoons olive oil
  - 4 zucchini, sliced
  - 1 large clove garlic, crushed
  - 4 ounces thinly sliced mozzarella cheese
  - 4 large tomatoes, peeled and sliced
  - ¼ cup grated Parmesan cheese
  - 1 tablespoon chopped fresh basil
- salt and freshly ground black pepper

### Directions

1. Preheat the oven to 375 degrees F (190 degrees C). Move the oven rack into the top third of the oven.
2. Heat olive oil in a large skillet over medium heat, and spread zucchini slices into the skillet in a single layer. If they don't fit, cook them in batches. Sprinkle pieces of garlic over zucchini, and cook until zucchini are golden brown on both sides, about 8 minutes per side. Remove from heat.
3. Arrange slices of zucchini in a 9x12-inch glass baking dish, alternating with slices of mozzarella cheese and tomato, so that the slices overlap each other in a neat row pattern. Sprinkle Parmesan cheese and basil over the dish, and season to taste with salt and pepper.

Bake in the preheated oven until the cheese is melted and brown and the dish is bubbling, about 30 minutes.

### Cook's Note

If you wish to take a bit extra time, put the freshly sliced zucchini in a colander in layers, salting each layer as you go. Then place a suitably sized plate (or equivalent) on the top and weigh it down (scale weights are good for this — although I have used big liter bottles of water before now and/or bags of sugar!). After 30 or so minutes, a surprising amount of water will have been drawn out. You can then dry the slices thoroughly with a clean cloth, or paper kitchen towel (careful not to leave paper behind!), and then they're ready for cooking.



# Celebrations



## BIRTHDAYS

### September

- 9 Elanor Wagner
- 11 Tana Salome
- 15 Marina Grubb
- 18 Joan Ferris
- 22 Tony Abdayem
- 25 Bruce Ferris
- 26 Claire Dannenberg
- 27 David Shippy
- 28 Photinos Kambiotis
- 30 Bill Almy

### October

- 5 Michael Shaheen
- 7 Rex Casner
- 8 Conner Shippy
- 10 Michelle Shaheen
- 13 Colin Eaton
- 16 Joan Aboud
- 18 Sophia Salome
- 19 Jesse Nightingale
- 21 Albert Busada
- 22 Cassie Royle
- 22 Helen Stitt
- 23 Donna Namee
- 26 Emmelia Warwick
- 27 Connie Stevens
- 28 Elham Laham

## ANNIVERSARIES



### September

- 23 Brett and Alexis Parrot

### October

- 13 Bill and Barb Almy
- 14 Cliff and Dee Ann Bragg



# Bits and Pieces

We had a Craft Day on July 29 for kids ages 3 and up. One of the moms had asked me if I would do a VBS; I compromised and did a Craft Day instead. It was a success and I would like to do it again next summer (although not so late in July!)

We made an icon project (made of icon pictures I got out of the Ancient Faith calendars). The kids glued the pictures onto canvas boards painted gold. We also made tie dye t-shirts, did some other projects, had lunch and played outside in the back yard with water balls and stomp rockets and bubbles.





# Bits and Pieces

## Craft Day





# Bits and Pieces

On August 6 Anita Deluna was baptized. Her sponsor was Helen Stitt. *Congratulations and Many Years!*





# Bits and Pieces

Marriage of Shawn and Anita (Deluna) Bourgerie on August 19

*Congratulations and Many Years!*



# The Scroll Production Schedule

**Issue: January/February, 2023**

**Deadline: February 17**

On Website – February 24

In Foyer – February 26

**Issue: March/April, 2023**

**Deadline: April 22**

On Website – April 28

In Foyer – April 30

**Issue: May/June, 2023**

**Deadline: June 17**

On Website – June 23

In Foyer – June 25

**Issue: July/August, 2023**

**Deadline: August 19**

On Website – August 25

In Foyer – August 27

**Issue: September/October, 2023**

**Deadline: October 21**

On Website – October 27

In Foyer – October 29

**Issue: November/December, 2023**

**Deadline: December 22**

On Website – December 29

In Foyer – December 31

Send news to Ro Kallail at [rokallail@att.net](mailto:rokallail@att.net)

***About The Scroll***

**The Scroll** is the news magazine of St. Mary Orthodox Christian Church, 344 S. Martinson, KS, 67213. It was first published in March of 1974 as a newsletter and has evolved to its present magazine-style format. **The Scroll** includes information about our Orthodox Christian faith as well as news of our parish community. Deadline dates for publication are listed in each issue of **The Scroll** and also in the weekly church bulletins. Inquiries and news items should be sent to [aewertt@me.com](mailto:aewertt@me.com) or to the above church address C/O **The Scroll**.

*All news must be received by the announced deadline dates. Submitted material may be edited for content and space limitations. All submitted items should include the name of the person sending the material as well as identifying the original source of previously published pieces.*

**The Scroll Ministry Team**

Deacon James  
Ro Kallail  
Amy Minks



## LOOKING AHEAD

**August 29**

Beheading of Baptist John

**September 1**

Church New Year

**September 8**

Nativity of the Theotokos

**September 14**

Elevation of the Holy Cross

**October 18**

St. Luke

**October 23**

St. James, brother of the Lord

**October 26**

Great Martyr Demetrius

**October 31**

Halloween

