

# The Scroll

## Sunday Services

Matins.....9:00 a.m.  
Church School .....9:00 a.m.  
Divine Liturgy .....10:00 a.m.

## Saturday Services

Confession.....4:30 p.m.  
Great Vespers.....5:00 p.m.

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## **IN THIS ISSUE May/June 2024**

**From Metropolitan Saba**

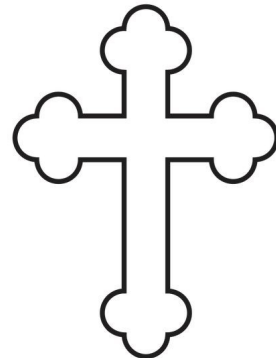
**Orthodox News**

**Mediterranean Festival**

**Cook's Corner**

**The Scroll**

**Plus....From Ministry  
Teams, Celebrations & Bits  
and Pieces**



**St. Mary Orthodox Christian Church**  
**344 S. Martinson, Wichita, KS 67213**  
**Very Rev. Fr. Aaron Warwick**  
**Website: [www.stmarywichita.org](http://www.stmarywichita.org)**

# Letter From Metropolitan Saba

*June 10, 2024*

Venerable Hierarchs, Reverend Clergy, and Christ-loving Faithful of our Archdiocese,

Christ is risen!

Since my arrival as your Metropolitan, I have been concerned that two dioceses of our vast archdiocese are without a bishop to oversee them: Los Angeles and the West, and Wichita and Mid-America. Although we are not yet ready for an election of new bishops, I want to ensure that these dioceses have the attention and care they need.

In particular, during my recent travels in the West, I saw firsthand that our clergy and parishes there need an experienced bishop, since they have for a long time been without a local bishop who permanently resides among them. Therefore, I have asked His Grace Bishop Anthony—who has served well and faithfully for many years—to move to Los Angeles and serve as Bishop in the West. We are grateful that he has taken this diocese’s needs to heart and accepted this assignment, which will be effective August 1, 2024.

With His Grace’s transfer to Los Angeles, I am assigning the Rt. Rev. Archimandrite Jeremy (Davis) as Archiepiscopal Vicar for the Diocese of Toledo and the Midwest. Additionally, I am assigning the Rev. Hieromonk Calinic (Berger) as Archiepiscopal Vicar for the Diocese of Wichita and Mid-America—God-willing, I will elevate him to the rank and dignity of Archimandrite this Thursday, on the Feast of the Ascension. Finally, I am assigning the Rt. Rev. Archimandrite Paul (Matar) as Archiepiscopal Vicar for the Diocese of New York and Washington, D.C., so that these parishes can have special care and attention as I can focus on archdiocesan matters. All of these assignments will also be effective August 1, 2024.

Calinic as they embark on these new ministries. We hope that, with God’s help and everyone’s cooperation and goodwill, these plans will prove to be fruitful for the future of our God-protected archdiocese.

As archiepiscopal vicars, these archimandrites will fulfill, in their respective dioceses, the same pastoral and administrative role as our bishops: for example, visiting parishes, providing guidance and permissions to the diocesan clergy, addressing parish issues that cannot be solved at the local or deanery level, providing recommendations for seminary and ordination candidates, and presiding over diocesan organizations and events (Archimandrite Paul will assist His Grace Bishop Thomas with the Eastern Dioceses' shared organizations and events, for example, the Antiochian Women of the East and the PLC). Archimandrites Jeremy and Calinic will be relocating to the Toledo and Wichita chanceries, respectively. Archimandrite Paul will continue in his role at our archdiocese headquarters.

The holy apostle Paul has instructed us that "all things should be done decently and in order" (1 Cor. 14:40). Just as we rely on our priests to ensure that their parishes function harmoniously in this way, so do we rely on our bishops—and now our archiepiscopal vicars—to lead their dioceses toward the same goal. In this light, I have full confidence in His Grace Bishop Anthony, Archimandrite Jeremy, Archimandrite Paul, and (soon to be) Archimandrite Calinic as they embark on these new ministries. We hope that, with God's help and everyone's cooperation and goodwill, these plans will prove to be fruitful for the future of our God-protected archdiocese.

Wishing you much joy as we complete the Paschal season and celebrate Holy Pentecost, I remain,

Yours in Christ,

**+SABA**

***Archbishop of New York and Metropolitan of All North America***



## AXIOS!

Surrounded by his clergy and laity, His Eminence Metropolitan Saba joyfully inaugurated the “family reunion” of the Diocese of Wichita and Mid-America at its annual Parish Life Conference, hosted in Beaumont, Texas by St. Michael the Archangel Church.

On Thursday, June 13, Sayidna Saba celebrated the Hierarchal Divine Liturgy for the great feast of the Ascension of our Lord Jesus Christ. He elevated Hieromonk Calinic Berger to the dignity of archimandrite in advance of his tenure as Archiepiscopal Vicar of the Diocese starting Aug. 1.



# Orthodox News

## METROPOLITAN SABA VISITS SAINT MARY'S

*Wichita, April 25th, 2024*



Continuing his pastoral visits in Wichita, His Eminence Metropolitan Saba presided at Great Compline at St. Mary Church. Welcoming him were the pastor, Archpriest Aaron Warwick, and the community.

His Eminence spoke of Great Lent as more than fasting from food, but as a time of "intensive retreat" for increased prayer, self-examination, and works of mercy. We are people created to live in the kingdom of God, not this fallen world. All these virtues prepare us to be sons and daughters of the heavenly kingdom.

We continue this intensive retreat through the beautiful hymns and services of Holy Week, His Eminence added, when we walk with our Lord Jesus Christ and share in his passion, crucifixion, burial and resurrection. He prayed that God would grant us to feel Christ's resurrection in our hearts as we sing "Christ is risen" on Pascha night.

In the reception that followed, Sayidna Saba said that his transition to life in North America has been rather easy because of his love for his flock and our reciprocal love shown to him. He reminded us that love transcends all cultural and linguistic differences.

His Eminence also highlighted his goal of fostering the diaconate and lay ministry throughout the Archdiocese, as well as sharing his vision of establishing new monasteries.

*-Antiochian Orthodox Christian Archdiocese of North America*



## Orthodox News

### **BELGRADE: TENS OF THOUSANDS PROCESS FOR ASCENSION WITH WONDERWORKING KURSK ROOT ICON**

*Belgrade, June 17, 2024*



Even heavy rain couldn't stop tens of thousands of Orthodox faithful from joining the annual procession in Belgrade in honor of the feast of Ascension of the Lord—the capital city's Slava (patronal feast).

This year, the procession was enhanced by the presence of the wonderworking Kursk Root Icon of the Mother of God, brought by a delegation of the Russian Orthodox Church Outside of Russia led by His Eminence Metropolitan Nicholas, the First Hierarch of ROCOR.

The Kursk Root Icon has been connected with a number of saints over the centuries, including St. Seraphim of Sarov and St. John (Maximovitch) of San Francisco. Today, it is considered the patron of the Russian diaspora pastored by ROCOR.

In addition to the Icon, the relics of the great St. Justin Popović also arrived in Belgrade on the eve of the feast, both of which drew thousands of Orthodox faithful. Both sacred treasures were carried in a prominent place in the procession, reports the Serbian Orthodox Church.

During a stop on Slavija Square, His Holiness Patriarch Porfirije of the Serbian Orthodox Church read the Holy Gospel. When the procession reached the massive St. Sava's Church, the akathist to St. Justin was read.

Then His Holiness addressed the procession, noting the importance of the feast of the Ascension, when Christ placed human nature on the right hand of God, and the great blessing of the presence of the Kursk Root Icon and the relics of St. Justin.

The Patriarch exhorted his flock, saying:

*Let the Lord our Savior always be our mirror and measure. If Christ is our point of reference and criterion, if He is the goal and meaning, if He is in the first place, we can be sure that everything else will be in its place. Therefore, let us always remember the resounding words of St. Abba Justin, which he used to remind and comfort his people, and which remind and comfort us even today: "Everything for Christ, Christ above all!"*

*-OrthoChristian 6/17/24*





# Orthodox News

## OCA DIGITIZES DECADES OF PERIODICAL FEATURING WRITINGS OF AMERICAN SAINTS

Springfield, Virginia, June 14, 2024



Nearly eight decades of issues of an early Orthodox periodical in America have been digitized and made available online for free.

The Russian American Orthodox Messenger (Vestnik) was the official periodical of the Russian Orthodox Church's diocese in America (and later of the Russian Orthodox Greek Catholic Church of America, which became the Orthodox Church in America in 1970).

The publication, which began in 1896, was largely in Russian, though at times featured English or bi-lingual material. It served as the main channel for Church information and official documents from the chancery, reports the Orthodox Church in America.

The Messenger's first editor was St. Alexander Hotovitzky, until he left America in 1914. Having returned to Russia, he was martyred by the Soviet authorities in 1937. The next editor was Fr. Leonid Turkevich, the future Metropolitan Leonty, whom many venerate as a saint.

Other notable authors include St. Tikhon, St. Raphael, St. Alexis Toth, St. John Kochurov, and others.

The periodical was published from 1896 to 1973, with two hiatuses due to financial troubles. In 1965, the English-language *The Orthodox Church* periodical was launched, and with a drop in the need for a Russian-language periodical, the *Messenger* was discontinued in 1973.

The digitalization project was the joint effort of the OCA, the St. Nicholas Russian Orthodox Patriarchal Cathedral in New York, and the New York Public Library.

The nearly complete archive is available online from HathiTrust.

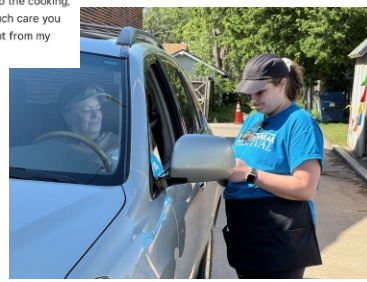
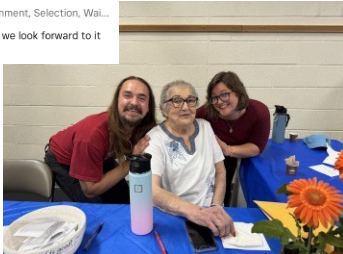
*-OrthoChristian 6/14/24*

# FUN AT THE 2024 MEDITERRANEAN FESTIVAL

After many months preparation and promotion, we opened up our parish home on May 18 in order to share our food, faith, heritage, and hospitality, and to raise funds for the DUI Victims Center of Kansas. A traditional plated meal was served, which included kibbee, green beans and rice, 2 cabbage rolls, Greek salad, talamee bread, and a piece of baklava. Our Marketplace full of baked goods and specialty items was open all day, along with the bookstore and the church for tours. Thanks to everyone in the parish for helping make this another successful event! Glory be to God!



Positive feedback  
\$40.00 sale at May 19



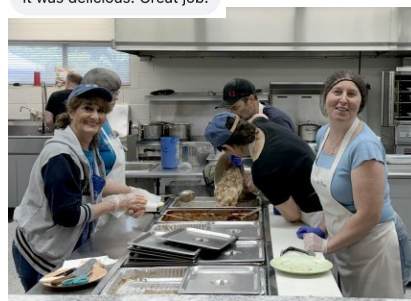
Judy David Stanley  
Everything was wonderful! Job well done 🍷

Reply to receipt  
\$40.00 sale at May 19  
Dinner was really delicious. Thank you to the ladies who do the cooking. It really shows how much care you put into everything. Sent from my iPhone



Mary Kline Hubbard  
As always, the food was delicious!

Timirie Shibley  
It was delicious! Great job!



DUI VICTIM CENTER of KANSAS

# Lives of the Saints

## St. Metrophanes the First Patriarch of Constantinople

*Commemorated on June 4*

Saint Metrophanes, Patriarch of Constantinople, was a contemporary of Saint Constantine the Great (306-337). His father, Dometius, was a brother of the Roman emperor Probus (276-282). Seeing the falseness of the pagan religion, Dometius came to believe in Christ. During a time of terrible persecution of Christians at Rome, Saint Dometius set off to Byzantium with two of his sons, Probus and Metrophanes. They were instructed in the law of the Lord by Bishop Titus, a man of holy life. Seeing the ardent desire of Dometius to labor for the Lord, Saint Titus ordained him presbyter. After the death of Titus first Dometius (272-303) was elevated to the bishop's throne, and thereafter his sons, Probus (303-315) and in 316 Saint Metrophanes.

The emperor Constantine once came to Byzantium, and was delighted by the beauty and comfortable setting of the city. And having seen the holiness of life and sagacity of Saint Metrophanes, the emperor took him back to Rome. Soon Constantine the Great transferred the capital from Rome to Byzantium and he brought Saint Metrophanes there. The First Ecumenical Council was convened in 325 to resolve the Arian heresy. Constantine the Great had the holy Fathers of the Council bestow upon Saint Metrophanes the title of Patriarch. Thus, the saint became the first Patriarch of Constantinople.

Saint Metrophanes was very old, and was not able to be present at the Council, and he sent in his place the chorepiscopus (vicar bishop) Alexander. At the close of the Council the emperor and the holy Fathers visited with the ailing Patriarch. At the request of the emperor, the saint named a worthy successor to himself, Bishop Alexander. He foretold that Paul (at that time a Reader) would succeed to the patriarchal throne after Alexander. He also revealed to Patriarch Alexander of Alexandria that his successor would be the archdeacon Saint Athanasius.

Saint Metrophanes reposed in the year 326, at age 117. His relics rest at Constantinople in a church dedicated to him.



# BITS AND PIECES

Highlights from the Paschal season



# BITS AND PIECES

Highlights from the Paschal season



## FROM THE MINISTRY TEAMS



### THE SCROLL

**Next Issue**

**Will Cover -- July/August**

**Deadline to Submit -- August 19th**

**On Website -- August 25th**

**Available in Foyer -- August 27th**



### **Our Mission**

Family Promise of Greater Wichita unites hearts and hands to provide compassionate hospitality and empower homeless families with children to achieve sustainable independence.

### **Our Uniqueness**

Our customized case management allows us to walk beside families in life, partnering with them to achieve their goals. This allows high-quality, high-impact care.

There are three phases to our Sustainable Independence Program (SIP):

### **Phase 1: Support Services**

Families are assisted with urgent/crisis needs for homelessness prevention, as we have resources.

### **Phase 2: Hospitality/Lodging OUR HOST WEEKS**

Our Rotation Program, to work towards sustainability. Other programs revolve around this. St. Mary recently completed a week of hosting families. Two families, Two adults and eight children were provided nightly shelter and food for three meals a day. Approximately twenty volunteers came together to provide food, meals, transportation, laundry, or slept over at the church. Our remaining host weeks in 2024 are June 9, September 1, and December 8.

### **Phase 3: Mentoring/Aftercare**

For families who have participated in/graduated from our Rotation Program.

Please contact Vicki Jones, 650-0658, if you have questions or would like more information.

Did you know? 92% of graduate families are stably housed! (Family Promise of Greater Wichita)



### **GREETER MINISTRY TEAM**

The primary purpose of the Greeter Ministry Team is to make all of our visitors to St. Mary feel welcome in our parish home. To welcome the stranger is not just a nice or courteous thing to do, but is in fact one of the things mentioned by our Lord by which we will be judged: "For I was hungry and you gave me something to eat, I was thirsty and you gave me something to drink, I was a stranger and you invited me in, I needed clothes and you clothed me, I was sick and you looked after me, I was in prison and you came to visit me." To welcome the stranger is a great blessing to them and to us; the Greeter Ministry Team strives to fulfill this scriptural command together with our parish family. One responsibility of greeters is to greet visitors before Liturgy. This includes giving them a bulletin and visitor packet, asking them to sign the visitor book, and invite them to coffee hour. After Liturgy, greeters will seek out the visitors and introduce to at least one other person in church, introduce them to Fr. Aaron and offer to give a tour of the facility, and show them the rack of educational pamphlets in the foyer. During the following week, the greeter will complete a New Visitor Note Card that will be mailed to the visitor. There are currently six active members of the Greeters Team. There is a need for more members of the team. If you wish more information on this Ministry Team, contact Dee Ann Bragg at [dee.ann.stults@gmail.com](mailto:dee.ann.stults@gmail.com)

## MEAL TRAIN



The St Mary Meal Train ministry was formed in 2016 to serve the families in our parish immediately following the birth of a child. After the birth of a child, what to eat for dinner is not usually at the forefront of new parents' minds. Instead, new parents are focused on the new life they have created and finding their new normal between dirty diapers, seemingly near-constant cries, and many feedings. Our goal is to provide the evening meal every day for a week. The meals have been a mixture of home cooked, frozen, and store-bought meals as well as restaurant gift cards. We also provide a supply of paper products such as plates, napkins, cutlery, and cups to reduce the workload of the family. Being part of this ministry does not mean that you have to be involved every time a request is sent out. Each of us has our own commitments and are sometimes unable to help. Any help at all is much appreciated by the families we are serving. If you would like to be part of this ministry, please contact Jessica Lessman (Miriam121406@live.com) to get on the mailing list.



## THE LORD'S DINER

The Lord's Diner exists to combat hunger in the community. The Diner's singular mission is to serve a nutritious meal with dignity and respect to anyone who is hungry. The Lord's Diner serves an evening meal 365 days a year. Meals are served at two dining facilities (one in downtown Wichita and one in south Wichita) and three food trucks (one in northwest Wichita, one in southeast Wichita, one in northeast Wichita) to any guest who needs a nutritious meal, 60 percent of which are families. In January of 2024 TLD will returned to its original dine in model. St. Mary volunteers serve at The Lord's Diner on the 3rd Sunday of each month. We are partnered with volunteers from St. George Cathedral. We gather at the downtown location, Central and Broadway, at 5:15 p.m. We are finished by 7:45 PM. Contact Vicki Jones, 650-0658 if you'd like to volunteer. NOTE: A food handler's card is no longer required.



# Cook's Corner

## Philly Cheesesteak Recipe with Peppers and Onions



### Ingredients

- 4 tablespoons vegetable oil, divided (or as needed)
- 1 sweet yellow onion, halved and thinly sliced (2-inch slices)
- 1 red bell pepper, thinly sliced
- 1 green bell pepper, thinly sliced
- 2½ to 3 pounds petite sirloin, thinly sliced sirloin
- 1 ½ teaspoons Lawry's Seasoned Salt, or other all-purpose seasoning, divided
- 1 teaspoon garlic pepper, divided
- 8 hoagie rolls
- 6 tablespoons softened butter
- 7 ounces sliced Provolone cheese



1. Before starting, place beef in the freezer for about 20 to 30 minutes. This will make it easy to slice thinly.
2. Add 2 tablespoons vegetable oil to a large, deep (14-inch) sauté pan and place over MEDIUM-LOW heat. Add onion and bell peppers. Allow to cook, stirring occasionally, until very tender. If they are beginning to brown, turn the heat under the skillet down a bit. While the veggies are cooking, prepare the steak, returning to stir every now and then.
3. Remove steak from freezer and place it on a cutting board. Use a sharp knife to trim edges of excess fat and then slice it as thinly as possible across the grain. Chop the sliced steak into very small pieces. Keep chopping until you can chop no more! You want little ¼-inch-ish pieces. Check on those veggies periodically while you're prepping the beef.
4. When the veggies are tender, transfer them to a dish and return the skillet to the heat. Add additional oil and place over MEDIUM-HIGH heat. Add half of the chopped steak and cook, stirring frequently, for about 4 to 5 minutes, or until no pink remains. Season with ¾ teaspoon seasoned salt and ½ teaspoon garlic pepper while cooking. Transfer the first batch of steak with a slotted spoon to the dish with the onions and peppers, leaving the juice behind in the pan. Add additional oil, if needed and repeat with remaining steak and seasoning.
5. Preheat oven to 400 degrees F.
6. Split open the hoagies rolls but do not separate them. Spread them with the softened butter and place them on a baking sheet. Transfer the baking sheet to the oven and bake for 3 to 5 minutes or until lightly golden and toasted.
7. Drain off all of the juices from the pan and return to the stove. Add back all of the steak and the onions and peppers. Place 7 provolone slices over the mixture in a circle and cover the pan. Cook on MEDIUM until cheese melts, about 4 to 5 minutes, then stir and use tongs to transfer to the toasted sandwich rolls.



# Celebrations



## BIRTHDAYS

### MAY

- 2 Kh. Cindy Baize
- 4 Sarah Wagner
- 9 Subdeacon Tom Laham
- 12 Vanessa Bazil
- 13 Rick Husselman
- 15 Alexander Oller
- 19 Jessica Lessman
- 20 Brenda Bertog
- 20 Keri Jacobs
- 23 Debbie Nassif
- 25 Lydia Hernandez
- 26 Yvonne Nassif
- 27 Dominic Warwick
- 30 Brandi Stevens

### JUNE

- 1 Edmund Wagner
- 3 Anna Ewertt
- 4 Maria Tiemeyer
- 4 Mike Zarich
- 6 Alexis Parrott
- 6 Elena Tiemeyer
- 9 Shanna Binkley
- 9 Gwen Warwick
- 19 Oliver Gilstrap
- 19 Noah Oller
- 20 Adalynne Ewertt
- 22 Matthias Oller
- 24 Irene Wagner
- 25 Eleanor Jacobs
- 26 Connie Hansen

## ANNIVERSARIES

### MAY



- |                              |       |
|------------------------------|-------|
| HEWITT, Kelly & Xochitl      | 05/15 |
| SHAHEEN, Michael & Michelle  | 05/22 |
| GILSTRAP, Luke & Megan       | 05/24 |
| LAHAM, Richard & Sonia       | 05/25 |
| CLARK, Roy & Susan           | 05/29 |
| SINGIRESU, Melissa & Dheeraj | 05/29 |

### JUNE

- |  |       |
|--|-------|
| CASNER, Rex & Elle                     | 06/01 |
| OLLER, Matthias & Laura                | 06/02 |
| WARWICK, Fr. Aaron & Gwen              | 06/02 |
| KAMBIOTIS, Pandelis & Theodora Stevens | 06/14 |
| KALLAIL, Dn. James & Rosemary          | 06/25 |
| WAGNER, Jeremiah & Sarah               | 06/26 |
| DEBOLT, Don & Valerie                  | 06/27 |
| EWERTT, Jason & Anna                   | 06/29 |
| ABDAYEM, John                          | 06/30 |

## **The Scroll Production Schedule – 2024**

**Issue: January/February, 2024**

**Deadline: February 17**

On Website – February 24

In Foyer – February 26

**Issue: March/April, 2024**

**Deadline: April 22**

On Website – April 28

In Foyer – April 30

**Issue: May/June, 2024**

**Deadline: June 17**

On Website – June 23

In Foyer – June 25

**Issue: July/August, 2024**

**Deadline: August 19**

On Website – August 25

In Foyer – August 27

**Issue: September/October, 2024**

**Deadline: October 21**

On Website – October 27

In Foyer – October 29

**Issue: November/December, 2024**

**Deadline: December 22**

On Website – December 29

In Foyer – December 31

**Send news to:** [parrott.brett.117@gmail.com](mailto:parrott.brett.117@gmail.com)

***About The Scroll***

**The Scroll** is the news magazine of St. Mary Orthodox Christian Church, 344 S. Martinson, KS, 67213. It was first published in March of 1974 as a newsletter and has evolved to its present magazine-style format. **The Scroll** includes information about our Orthodox Christian faith as well as news of our parish community. Deadline dates for publication are listed in each issue of **The Scroll** and also in the weekly church bulletins. Inquiries and news items should be sent to parrott.brett.117@gmail.com or to the above church address C/O **The Scroll**.

*All news must be received by the announced deadline dates. Submitted material may be edited for content and space limitations. All submitted items should include the name of the person sending the material as well as identifying the original source of previously published pieces.*

**The Scroll Ministry Team**

Brett Parrott



## LOOKING AHEAD

**June 29th**

Apostles Peter and Paul

**July 15th**

St. Vladimir

**July 20th**

Holy Prophet Elias

**August 6th**

Feast of the Transfiguration

